

## Vegetable Bean Soup

6 cups water

3 carrots, chopped

1 medium onion, chopped

1 small head broccoli, chopped

2 celery sticks, chopped

2 cups sliced green cabbage

2 cans mixed beans, drained and rinsed OR 3 cups cooked mixed beans

1 tsp basil (or to taste)

1 tsp thyme (or to taste)

½ tsp black pepper (or to taste)

1 tsp turmeric (or to taste)

Combine all ingredients in a pot and bring to a boil. Reduce heat to medium-low and allow to simmer for 30 minutes or until vegetables are soft.